

Debra Linker
Artist, Writer, Facilitator

Debra is a seasoned workshop facilitator who dedicates herself as much to practicing the lessons she passes on to workshop attendees as she does to the actual 'teaching' of the material. Utilizing materials from many great (and some notorious) teachers, Debra considers herself a facilitator rather than a teacher. Debra speaks of her workshops: "Each session is as much an opportunity for growth for me as it is for the other people in the room. We are all in this together. I do not teach as much as I pass on what has been given to me, backing it up with years of actually doing the work - and getting the results!"

Recently from Seattle, Debra is beginning her workshops in rented spaces, for now, with the intention of opening a permanent facility in coming months.

Debra welcomes email and telephone communication with current and future attendees.

"I had no idea what to expect when I committed myself to doing a Creative Living workshop with Debra. I didn't think I had any creative ability. As she walked me thru the workshop, she gave me courage to do the work. She taught me to explore who I am, and I got to know myself so much more through the experience. Debra encouraged me to challenge my belief system about myself and to put my interests to the test. I would not have even been open to the idea that I could be creative before I took this workshop. The workshop was a true eye opener and discovery which I am more than excited about. It changed my life!"

Andrea Q. Redmond, WA

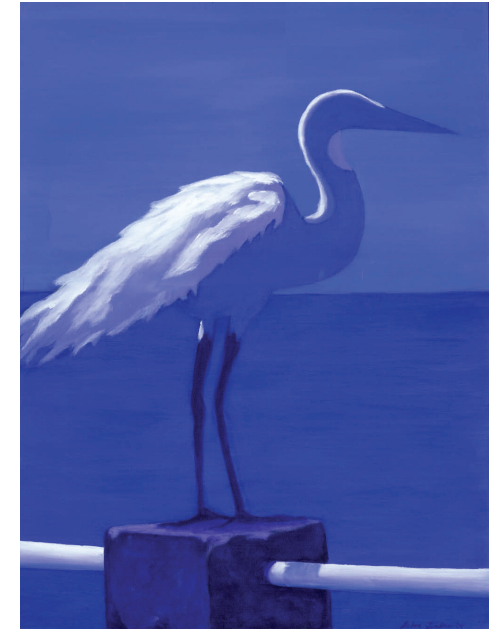
Facilitated by:
Debra Linker



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Classes held at
McKinney Art House:
www.arthousetx.com
McKinney, TX

Creative Living Workshops



Watching

by Debra Linker

*Change your mind,
change your life.*

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Are You Ready for Change?

I could have...

I should have...

If only he/she/they were different...

But I don't know how...

I'm too old...

There's not enough time...

I don't have enough money...

It's too late...

What about the kids...

What about my job....

I'm not creative...

I'm not smart enough...

But I can't do THAT!

But ... I ... CAN'T!

If this is the dialogue you have with yourself when you think of doing something new, when you think of your dreams, this workshop is for you. You will learn why we hold these ideas and beliefs. You will learn how to turn off the negative, critical voice in your head and turn on the more powerful voice - the one in your heart. You will discover ideas, hopes, and dreams you didn't even know you had. And then you will discover that you can do, have and be anything you want. Anything. **Imagine ...**

YOUR dreams coming true!

The Artist's Way and a Notebook

The book, *The Artist's Way*, by Julia Cameron is the primary text for the summer 2010 workshops. Please buy the book and read through page 24 before session one. Bring a journal or notebook, pens, and water or non-alcoholic beverage.

Your Commitment

Time: It's pretty minimal, really, for the life changing benefit you could get from committing about 10 hours a week, including workshop time., for 12 weeks. What would you give, in time, for your life to change? 10 hours a week is less than the time we spend watching tv, or sitting at our desk, or laying in bed, wishing things were different.

Money: The cost of the workshop covers the rent of the facility, and pays Debra a nominal fee.

Honesty: With yourself. This is primarily an introspective workshop. Most of the time, the honesty you need is with yourself, about yourself. Any sharing with the group is strictly voluntary,

Trust: Each member of the workshop needs to be able to trust that anything that is shared will remain confidential.

Respect: Show up on time. If you are going to be late or have an absolute emergency and can not attend a session, just let Debra know as much in advance as possible.

"Debra has the gift of helping people discover their own creativity. She has an amazing way of coaching people to discover their own strengths. She provides exceptional direction and guidance. She is kind and loving in her mentoring. She will inspire you to embrace these techniques with the way she lives the spiritual principles of creative recovery."

Tracy J. Seattle, WA

Dates & Time:

Two sessions are currently being scheduled.
Wednesdays: 7:00 - 8:30 - July 21 - Oct 6
Saturday: 2:00 - 3:30 - July 31 - Oct 16

Place:

I am grateful to McKinney **Art House** for allowing me to rent space for this workshop! Just blocks north of the Library in McKinney, TX www.arthousetx.com for location.

Price:

\$300.00 (\$25/wk for 12 weeks)
Payment may be made by PayPal, Cash or Check. Credit Cards may be used with an additional 3% fee to cover bank fees. Fees are non-refundable after one-week prior to the beginning of the workshop. Payment arrangements may be made.

"If you are reading this you are lucky enough to have the opportunity to take a Creative Living workshop with Debra Linker. I have had the pleasure to attend 3. Debra is a quiet cheerleader at heart. She takes great joy from coaxing others to find the creativity, power, potential and peace which lies within them. She is prepared, professional and knows the material inside and out but better than that she gets it and lives it. Debra knows how to create a safe comfortable environment to let amazing things that were once inside you bubble to the surface and come out. If you take a workshop with Debra Linker and have the faith and commitment to do what is asked of you, you will never be the same again."

Jessi S. Bellevue, WA